



**Shobhit
University**

EDUCATION EMPOWERS

Bachelor of Sciences (YOGA)

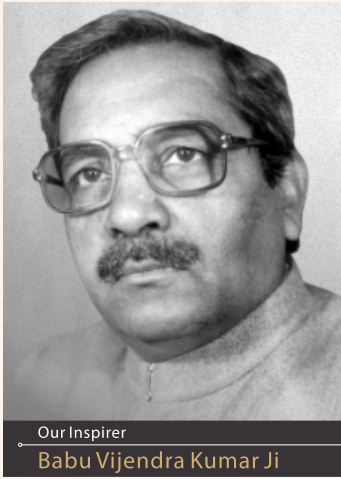
B.Sc. (Yoga)

Three Years (Six Semester) Degree Program



Kunwar Shekhar Vijendra
Medical College of Naturopathy & Yogic Sciences

Bachelor of Science (B.Sc.) Yoga



Our Inspirer

Babu Vijendra Kumar Ji

To fulfill the vision of our Inspirer
we commit ourselves to empower
the Nation through Education

ABOUT US

Shobhit University, Gangoh has been notified by the Government of Uttar Pradesh vide Shobhit Vishwavidyalaya, Uttar Pradesh Adhiniyam, 2011 (U.P. Act No.3 of 2012) passed by Uttar Pradesh Legislature and assented by the H.E. Governor of Uttar Pradesh. Shobhit University, Gangoh is recognised by University Grants Commission under section 2(f) of the UGC Act, 1956.

Shobhit University aims to create a conducive, enabling academic climate to facilitate integration of the younger generation into the logic of the present system and to develop educational means by which men and women deal critically and creatively with reality and discover how to participate in the transformation of their world.

Kunwar Shekhar Vijendra Medical College of Naturopathy & Yogic Sciences, established in the year 2016, is a constituent department of Shobhit University, Gangoh. KSV-MCNYS has been developed in accordance with the Central Council of Research in Yoga & Naturopathy, Ministry of AYUSH, Government of India. The college will be developed as a prestigious centre for education in Yoga and Naturopathy, nationally as well as internationally.

OUR MISSION

Kunwar Shekhar Vijendra Medical College of Naturopathy & Yogic Sciences, Shobhit University will become a pivot for development of this God's science globally. Our mission is :

- To facilitate the growth and development of Naturopathy and Yogic Sciences education
- To impart high quality graduate and postgraduate training in all branches of Naturopathy and Yogic Sciences
- To envision, organize and conduct research on various aspects of Naturopathy and Yogic Sciences
- To establish a Centre of Excellence that provides Naturopathy and Yogic Sciences medical care to suffering humanity

COURSES OFFERED

Kunwar Shekhar Vijendra Medical College of Naturopathy & Yogic Sciences, Shobhit University, Gangoh offers the following academic programs:

- ⚙ BNYS (Bachelor of Naturopathy and Yogic Sciences) - 5½ years
- ⚙ B.Sc. Yoga (Bachelor of Science-Yoga) - 3 Years

The thing about Yoga is:

“ YOU BECOME MORE AND MORE YOU ”

Gangoh is a historical town at the banks of river Yamuna in District Saharanpur of UP, which is approximately 150 km North of New Delhi. It is about 40 kms. from three prominent industrial towns, i.e. Saharanpur, Karnal & Yamuna Nagar. The University buildings are contemporary, light and artistically designed and surrounded by natural scenic landscape.

Yoga is an Art and Science of healthy living. It is a spiritual discipline based on an extremely subtle science, which focuses on bringing harmony between mind and body. The holistic approach of Yoga is well established and it brings harmony in all walks of life and thus, known for disease prevention, promotion of health and management of many lifestyle –related disorders.

GOALS OF BACHELOR OF SCIENCE (B.Sc.) - YOGA COURSE

- ⚙ This course is aimed to train personnel to take up Yoga as a profession.
- ⚙ To impart the knowledge about Yoga, its foundations and applications to the aspirants.
- ⚙ To promote the awareness for positive health and personality development in the student through Yoga.
- ⚙ Instilling and inculcating the general interest and inquisitive knowledge about Yoga for Health, personality development and spiritual evolution.
- ⚙ To prepare institutionally trained Yoga professionals to impart Yoga training to all sections of the society.
- ⚙ To prepare the graduates in Yoga to study the higher aspects of Yoga Education.

COURSE-CURRICULUM

The syllabus is designed to fulfill aforesaid objectives containing theory and, practicals

Medium of Instructions: Hindi, Sanskrit, English

Semester1	Semester2	Semester3	Semester4	Semester5	Semester6
Foundations of Yoga – I	Foundations of Yoga – II	Patanajala Yoga Darshana – I	Patanajala Yoga Darshana – II	Bhagavadgita	Human Values and Professional Ethics
Foundations and Practices of Hatha Yoga – I	Foundations and Practices of Hatha Yoga – II	Yoga Education	Methods of Teaching in Yoga	Yogic Principles & Practices of Healthy Living	Yoga in different setups
Basics of Yogic Anatomy	Basics of Yogic Physiology	Yoga and Psychology	Dietetics & Nutrition (Modern & Yogic Concept)	Fundamentals of Ayurveda	Fundamentals of Naturopathy
Basics of Sanskrit – I	Basics of Sanskrit – II	Functional Hindi	Yoga and Mental health	Computer applications - I	Computer Applications - II
Functional English – I	Functional English – II	Practical - VII	Functional Hindi – II	Practical: XI	Practical: XIII
Practical – I	Practical – IV	Practical – VIII	Practical: IX	Practical – XI	Practical – XIV
Practical – II	Practical – V	-	Practical: X	-	-
Practical – III	Practical – VI	-	-	-	-

COURSE FEE

*Course Fee for	First Year	Second Year	Third Year	TOTAL
Indian Students	W65000/-	W65000/-	W65000/-	W195000/-
International Students	3000 USD	3000 USD	3000 USD	9000 USD

Refundable Caution Money: Rs. 10,000/- once at the time of Admission.

Note: Sponsored candidates are supposed to pay the complete Tuition fee at the time of admission.

*The University reserved the right to revise Tuition Fee and/or any other charge time to time.

Fee once paid will not be refunded under any circumstances except in conditions as mentioned in the ordinance of the University.

ADMISSION PROCEDURE

Bachelor of Science (Yoga) program offered by Kunwar Shekhar Vijendra Medical College of Naturopathy & Yogic Sciences is an approved degree program u/s 22 of UGC Act, 1956.

Eligibility

Pass in 12th class of 10+2 or equivalent with Science (Physics, Chemistry and Biology) from a recognised board.

Age Limit

Candidates should complete 17 years of age on or before 31st December in the year of admission, but have not crossed the age of 21 years as on that date, are eligible to apply.

Admission Procedure

Personal Interview / Academic Performance

Student Accommodation

Separate boys and girls Hostels are available on campus with modern facilities and vegetarians mess. The current charges for boarding and lodging are Rs. 55,000/- per academic year*. A Refundable Hostel Caution Money of Rs. 10,000/- shall be paid once at the time of Admission.

PIO / Foreign Nationals:

Candidates studying a course approved by Association of Indian Universities (other than CBSE/ICSE/State Board/ Matriculation) as equivalent to 10+2 system of India are eligible to apply. The last two years of such study should include Biology & English. The candidate should obtain an Equivalence Certificate from the Association of Indian Universities, A.I.U. House, 16 Comrade Indrajit Gupta Marg (Kotla Marg) New Delhi 110002.

Admission Application Form is available online on University website www.shobhituniversity.ac.in and also available offline in University Campus. Complete Application Form shall be submitted along with non refundable Admission Processing Charges of Rs. 1100/- only.



To know more about Course structure, Fee details, Infra-structural facilities, important dates and Admission Application Form please visit www.shobhituniversity.ac.in



Kunwar Shekhar Vijendra Medical College of Naturopathy and Yogic Sciences Shobhit University

(Established by Uttar Pradesh Shobhit University Act No. 3, 2012)

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